

March 2019 Breakfast Grab n Go

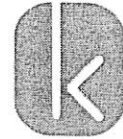


KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Donut Cinnamon Roll or Ubr Bar Fruit Juice Milk
4 Sausage Biscuit or Ubr Bar Fruit Juice Milk	5 Yogurt Parfait or Pop Tart Fruit Juice Milk	6 French Toast Sticks or Ubr Bar Fruit Juice Milk	7 Muffin and Cheese Stick or Pop Tart Fruit Juice Milk	8 Breakfast Taco or Ubr Bar Fruit Juice Milk
11 Pancake on a Stick or Ubr Bar Fruit Juice Milk	12 Donut or Pop Tart Fruit Juice Milk	13 Breakfast Taco or Ubr Bar Fruit Juice Milk	14 Blueberry Pancake Bites or Pop Tart Fruit Juice Milk	15 Ham and Cheese Biscuit or Ubr Bar Fruit Juice
18 SPRING BREAK	19 SPRING BREAK	20 SPRING BREAK	21 SPRING BREAK	22 SPRING BREAK
25 Muffin and yogurt or Ubr Bar Fruit Juice Milk	26 Sausage Biscuit or Pop Tart Fruit Juice Milk	27 Pancake Minis or Ubr Bar Fruit Juice Milk	28 Breakfast Burrito or Pop Tart Fruit Juice Milk	1 Donut Cinnamon Roll or Ubr Bar Fruit Juice Milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

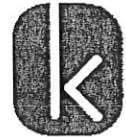
March 2019 Breakfast



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <i>Donut</i> Cinnamon Roll Cereal Fruit Juice Milk
4 Cinnamon Apple Oatmeal* Sausage Patty Cereal Fruit Juice Milk	5 Yogurt Parfait Cereal Fruit Juice Milk	6 Biscuit and Gravy Jelly Cereal Fruit Juice Milk	7 Muffin Cheese Stick Cereal Fruit Juice Milk	8 Breakfast Taco Cereal Fruit Juice Milk
11 Pancake on a Stick Cereal Fruit Juice Milk	12 Donut Cereal Fruit Juice Milk	13 Toast Scrambled Eggs Cereal Fruit Juice Milk	14 Waffles Cereal Fruit Juice Milk	15 Ham and Cheese Biscuit Jelly Cereal Fruit Juice Milk
18 Spring Break	19 Spring Break	20 Spring Break	21 Spring Break	22 Spring Break
25 Cinnamon Toast Yogurt Cereal Fruit Juice Milk	26 Sausage Biscuit Jelly Cereal Fruit Juice Milk	27 Pancake Minis Cereal Fruit Juice Milk	28 Breakfast Burrito Breakfast Potatoes Cereal Fruit Juice Milk	29 <i>Donut</i> Cinnamon Roll Cereal Fruit Juice Milk

March 2019 Lunch



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Waffles Scrambled Eggs Sausage Patty Breakfast Potatoes Fruit Milk Salad Bar
4 Ranch Chicken Flatbread Garden Salad Fruit Milk Salad Bar	5 Pizza Pasta Breadstick Green Beans Fruit Milk Salad Bar	6 Chicken Burrito Refried Beans Chips and Salsa Fruit Milk Salad Bar	7 Pineapple Glazed Ham Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	8 Cheeseburger Baby Carrots Ruffles Fruit Milk Salad Bar
11 Spaghetti with Meat Sauce Garlic Knot Green Beans Fruit Milk Salad Bar	12 Baked Potato BBQ Chicken Dinner Rolls Fruit Milk Salad Bar	13 Hot Ham and Cheese Sub Garden Salad Baby Carrots Fruit Milk Salad Bar	14 Nacho Bar (Beef, Queso, Beans) Chips and Salsa Fruit Milk Salad Bar	15 Hot Dog Tater Tots Homemade Cinnamon Roll Fruit Milk Salad Bar
18 Spring Break	19 Spring Break	20 Spring Break	21 Spring Break	22 Spring Break
25 Corn Dog Mac and Cheese Green Beans Fruit Milk Salad Bar	26 Country Fried Steak Mashed Potatoes Gravy Dinner Roll Fruit Milk Salad Bar	27 Chicken Wrap Baby Carrots Ruffles Fruit Milk Salad Bar	28 BBQ Beef Sandwich Baked Beans Coleslaw Fruit Milk Salad Bar	29 Pizza Bar Caesar Salad Fruit Milk Salad Bar