

FREDERICK PUBLIC SCHOOLS

"Home of the Frederick Bombers"

Office of the Superintendent

Shannon Vanderburg, Superintendent

Return to School Protocol for students/staff with COVID 19

Individuals with COVID 19 who **have symptoms** and were instructed to care for themselves at home may discontinue isolation under the following conditions: (Symptoms Based Strategy)

Student Name _____ Date _____

To return to school, a student with symptoms must have:

_____ At least 24 hours have passed since recovery defined as resolution of fever without the use of fever reducing medications and improvement in respiratory symptoms (coughing, shortness of breath) **and**,

_____ At least 10 days have passed since symptoms first appeared.

Individuals with COVID 19 who **have not had any symptoms** and were instructed to care for themselves at home may discontinue isolation under the following conditions

Student Name _____ Date _____

To return to school, a student without symptoms must have:

_____ At least 10 days have passed since the date of the first positive COVID 19 diagnostic test, assuming no subsequently developed symptoms since the positive test. If symptoms develop, the symptom-based strategy (at the top of the page) should be used. Note, because symptoms cannot be used to gauge where these individuals are in the course of their illness, it is possible that the duration of viral shedding could be longer or shorter than 10 days after their first positive test.

“The Frederick Board of Education does not discriminate on the basis of disability, race, color, religion, national origin, sex, age, or veteran status.”