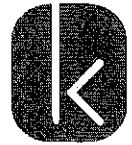


April 2021 Breakfast Grab and Go Frederick



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breakfast Taco Or Ubr Bar Fruit Juice Milk	2 Donut Or Pop Tarts Fruit Juice Milk
5 Muffin Yogurt Or Pop Tarts Fruit Juice Milk	6 French Toast Sticks Or Ubr Bar Fruit Juice Milk	7 Sausage Biscuit Or Rice Krispie Bar Fruit Juice Milk	8 Breakfast Taco (Tortilla, Eggs, Sausage, Cheese, Tater Tots) Or Pop Tarts Fruit Juice/Milk	9 No School
12 Sweet Waffle Sticks 6 Or Pop Tarts Fruit Juice Milk	13 Muffin Cheese Stick Or Ubr Bar Fruit Juice Milk	14 Sausage Biscuit Or Rice Krispie Bar Fruit Juice Milk	15 Breakfast Pizza Or Pop Tarts Fruit Juice Milk	16 Donut Or Ubr Bar Fruit Juice Milk
19 Pancake Sausage Patty Or Pop Tarts Fruit Juice Milk	20 Chicken Biscuit Or Ubr Bar Fruit Juice Milk	21 Sausage Biscuit Or Rice Krispie Bar Fruit Juice Milk	22 Pancake on a Stick Or Pop Tarts Fruit Juice Milk	23 Blueberry Pancake Bite Or Ubr Bar Fruit Juice Milk
26 Sausage Biscuit Or Pop Tarts Fruit Juice Milk	27 Sweet Waffles Sticks Or Ubr Bar Fruit Juice Milk	28 Breakfast Burrito Or Rice Krispie bar Fruit Juice Milk	29 Blueberry Pancake Bites Or Pop Tarts Fruit Juice Milk	30 Donut Cheese Stick Or Ubr Bar Fruit Juice Milk

April 2021 Breakfast Frederick



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Toast Breakfast Scramble Cereal Fruit Juice Milk	2 Donut Cereal Fruit Juice Milk
5 Muffin Yogurt Cereal Fruit Juice Milk	6 French Toast Sticks Scrambled Eggs Cereal Fruit Juice Milk	7 Biscuit and Sausage Gravy Cereal Fruit Juice Milk	8 Breakfast Taco (Tortilla, Eggs, Sausage, Cheese, Tater Tots) Cereal Fruit Juice Milk	9 No School
12 Waffles with Toppings Cereal Fruit Juice Milk	13 Cinnamon Toast Scrambled Eggs Cereal Fruit Juice Milk	14 Sausage Biscuit Oatmeal Fruit Juice Milk	15 Breakfast Pizza Cereal Fruit Juice Milk	16 Donut Cereal Fruit Juice Milk
19 Pancake Sausage Patty Cereal Fruit Juice Milk	20 Biscuit and Sausage Gravy Cereal Fruit Juice Milk	21 Sausage Biscuit Cereal Fruit Juice Milk	22 Pancake on a Stick Cereal Fruit Juice Milk	23 Blueberry Pancake Bites Cereal Fruit Juice Milk
26 Chicken Biscuit Cereal Fruit Juice Milk	27 Apple Cinnamon Oatmeal Cereal Fruit Juice Milk	28 Breakfast Burrito Cereal Fruit Juice Milk	29 Toast Scrambled Eggs Cereal Fruit Juice Milk	30 Donut Cereal Fruit Juice Milk

April 2021 Lunch Frederick



KEYSTONE
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken and Noodles Roasted Carrots Biscuit Fruit Milk	2 Cheeseburger Tator Tots Fruit Milk
5 Steak Fingers Mashed Potatoes and Gravy Green Bean Dinner Roll Fruit Milk	6 Beef Taco Refried Beans Chips and Salsa Fruit Milk	7 Grilled Cheese Baby Carrots and Ranch Tomato Soup Fruit Milk	8 Breaded Chicken Sandwich Garden Salad with Ranch Fruit Milk	9 No School
12 Pizza Pasta Garlic Knot Roasted Carrots Fruit Milk	13 Beef Nacho Bar Beef/Queso/Chips Beans Salsa Fruit Milk	14 Meatball Sub Garden Salad S'more Pudding Fruit Milk	15 Chicken Fried Steak Mashed Potatoes and Brown Gravy Dinner Roll Fruit Milk	16 Chili Dog Coleslaw Ruffles Fruit Milk
19 Spaghetti with Meat Sauce Garlic Breadstick Green Beans Fruit Milk	20 Turkey and Cheese Sub Baby Carrots and Ranch Cookie Fruit Milk	21 Biscuit and Gravy Scrambled Eggs Sausage Patty Cheesy Hashbrowns Fruit Milk	22 Taco Soup Chili Beans Tortilla Chips and Salsa Fruit Milk	23 Personal Pizza** Caesar Salad Fruit Milk
26 Pig In a Blanket Mac and Cheese Baby Carrots and Ranch Fruit Milk	27 Chicken Taco Mexican Salad Chips and Salsa Fruit Milk	28 Frito Chili Pie Beans Fruit Milk	29 Cheeseburger Mac Garlic Knot Green Beans Fruit Milk	30 Cheeseburger French Fries Fruit Milk