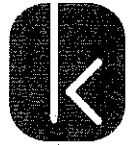


# May 2021 Breakfast Grab and Go Frederick



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 French Toast Sticks Or Pop Tarts Fruit Juice Milk	4 Sausage Biscuit Or Ubr Bar Fruit Juice Milk	5 Breakfast Taco Or Rice Krispie Granola Bar Fruit Juice Milk	6 Yogurt Parfait Or Pop Tarts Fruit Juice Milk	7 Donut Or Ubr Fruit Juice Milk
10 Muffin Cheese Stick Or Pop Tarts Fruit Juice Milk	11 Blueberry Pancake Bites Or Ubr Bar Fruit Juice Milk	12 Sweet Waffle Sticks Or Rice Krispie Granola Bar Fruit Juice Milk	13 Sausage Biscuit Or Pop Tarts Fruit Juice Milk	14 Donut Or Ubr Bar Fruit Juice Milk
17 Pancake Sausage Patty Or Pop Tarts Fruit Juice Milk	18 Sausage & Cheese Bagel Or Ubr Bar Fruit Juice Milk	19 Muffin Cheese Stick Or Rice Krispie Granola Bar Fruit Juice Milk	20 Breakfast Taco Or Pop Tarts Fruit Juice Milk	

# May 2021 Breakfast Frederick



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 French Toast Sticks Cereal Fruit Juice Milk	4 Sausage Biscuit Cereal Fruit Juice Milk	5 Toast Breakfast Scramble Cereal Fruit Juice Milk	6 Yogurt Parfait Cereal Juice Milk	7 Donut Cereal Fruit Juice Milk
10 Muffin Cheese Stick Cereal Fruit Juice Milk	11 Blueberry Pancake Bites Cereal Fruit Juice Milk	12 Waffles with Toppings Cereal Fruit Juice Milk	13 Sausage Biscuit Cereal Fruit Juice Milk	14 Donut Cereal Fruit Juice Milk
17 Pancake Sausage Patty Cereal Fruit Juice Milk	18 Biscuit and Sausage Gravy Cereal Fruit Juice Milk	19 Toast Scrambled Eggs Cereal Fruit Juice Milk	20 Breakfast Taco Cereal Fruit Juice Milk	

# May 2021 Lunch Frederick



**KEYSTONE  
FOOD SERVICE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Spaghetti with Meat Garlic Knot Green Beans Fruit Milk	4 Beef Taco Tortilla Chips Refried Beans Salsa Fruit Milk	5 Popcorn Chicken Dinner Roll Mashed Potatoes and Gravy Fruit Milk	6 Chicken and Noodles Baby Carrots and Ranch Fruit Milk	7 Pizza Caesar Salad Fruit Milk
10 Pig In a Blanket Mac and Cheese Green Beans Fruit Milk	11 Enchiladas Tortilla Chips Beans Salsa Fruit Milk	12 Biscuit and Gravy Scrambled Eggs Sausage Patty Tater Tots Fruit Milk	13 Turkey and Cheese Sandwich Ruffles Baby Carrots and Ranch Fruit Milk	14 Pizza Round Broccoli with Ranch Dessert Fruit Milk
17 Spaghetti with Meat Sauce Garlic Breadstick Green Beans Fruit Milk	18 Beef Nacho Bar Beef/Chips/Queso Beans Salsa Fruit Milk	19 Cheeseburger Ruffles Carrots with Ranch Fruit Milk  Track Meet	20 Steak Fingers Mashed Potatoes and Gravy Dinner Roll Broccoli with Ranch Fruit Milk	21
24	25	26	27	28
31 Memorial Day				