

## **STUDENT ACTIVITY DRUG TESTING POLICY**

The Frederick Board of Education in an effort to protect the health and safety of its extra-curricular activities students from illegal and/or performance-enhancing drug use and abuse, thereby setting an example for all other students of the Frederick Public School District, proposes to adopt the following policy for drug testing of activity students.

### **STATEMENT OF PURPOSE AND INTENT**

Although the Board of Education, administration, and staff desire that every student in the Frederick Public School District refrain from using or possessing illegal drugs, district officials realize that their power to restrict the possession or use of illegal and performance-enhancing drugs is limited. Therefore, this policy governs only performance-enhancing and illegal drug use by students participating in certain extra-curricular activities. The sanctions imposed for violations of this policy will be limitations solely upon limiting the opportunity of any student determined to be in violation to this policy to a student's privilege to participate in extra-curricular activities. No suspensions from school or academic sanctions will be imposed for violations of this policy. This policy supplements and complements all other policies, rules, and regulations of the Frederick Public School District regarding possession or use of illegal drugs.

Participation in school-sponsored interscholastic extra-curricular activities at the Frederick Public School District is a privilege. Students who participate in these activities are respected by the student body and are representing the school district and the community. Accordingly, students in extra-curricular activities carry a responsibility to themselves, their fellow students, their parents and their school to set the highest possible examples of conduct, sportsmanship, and training, which includes avoiding the use or possession of illegal drugs.

The purposes of the policy are five-fold:

1. To educate students of the serious physical, mental and emotional harm caused by illegal drug use.
2. To alert students with possible substance abuse problems to the potential harms that drug use poses for their physical, mental, and emotional well being and offer them the privilege of competition as an incentive to stop using such substances.
3. Ensure that students adhere to a training program that bars the intake of illegal and performance-enhancing drugs.
4. To prevent injury, illness, and harm for students that may arise as a result from illegal and performance enhancing drug use.
5. To offer students practices, competition and school activities free of the effects of illegal and performance enhancing drug use.

Illegal and performance enhancing drug use of any kind is incompatible with the physical, mental, and emotional demands placed upon participants in extra-curricular activities and upon the positive image these students project to other students and to the community on behalf of the Frederick Public School District.

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For the safety, health and well being of students in extra-curricular activities the Frederick Public School District has adopted this policy for use by all participants in interscholastic extra-curricular activities in grades 7-12.

**I. Definitions**

"Activity Student" means a member of any middle school or high school Frederick Public School District sponsored extra-curricular organization, which participates in interscholastic competition. This includes any student that represents Frederick Public Schools in any extra-curricular activity in interscholastic competition, such as Athletics, Academic Team, Band, Vocal, Bomberdears, Cheerleader, and FFA.

"Drug use test" means a scientifically substantiated method to test for the presence of illegal or performance enhancing drugs or the metabolites thereof in a person's urine.

"Random Selection Basis" means a mechanism for selecting activity students for drug testing that:

- A. results in an equal probability that any activity student from a group of activity students subject to the selection mechanism will be selected.
- B. does not give the School District discretion to waive the selection of any activity student selected under the mechanism.

"Illegal drugs", means any substance, which an individual may not sell, possess, use, distribute or purchase under either Federal or Oklahoma law. "Illegal drugs" includes, but is not limited to, all scheduled drugs as defined by the Oklahoma Uniform Controlled Dangerous Substance Act, all prescriptions drugs obtained without authorization, and all prescribed and over the counter drugs being used for an abusive purpose. "Illegal drugs" shall also include alcohol.

"Performance enhancing drugs" include anabolic steroids and any other natural or synthetic substance used to increase muscle mass, strength, endurance, speed or other athletic ability. The term "performance enhancing drugs" does not include dietary or nutritional supplements such as vitamins, minerals and proteins, which can be lawfully purchased in over the counter transactions.

"Positive" when referring to a drug use test administered under this policy means a toxicological test result which is considered to demonstrate the presence of an illegal or a performance enhancing drug or the metabolites thereof using the standards customarily established by the testing laboratory administering the drug use test.

"Reasonable Suspicion" means a suspicion of illegal or performance enhancing drug use based on specific observations made by coaches/administrators/sponsors of the appearance, speech, or behavior of an activity student; the reasonable inferences that are drawn from those observations; and/or information of illegal or performance enhancing drug use by an activity student supplied to school officials by other students, staff members, or patrons.

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Each activity student shall be provided with a copy of the "Student Drug Testing Consent Form" which shall be read, signed and dated by the student, parent or custodial guardian and coach/sponsor before such student shall be eligible to practice or participate in any extra-curricular activities. The consent requires the activity student to provide a urine sample: (a) as part of the student's annual physical or for eligibility for participation; (b) when the activity student is selected by the random selection basis to provide a urine sample; and (c) at any time when there is reasonable suspicion to test for illegal or performance enhancing drugs. No student shall be allowed to practice or participate in any extra-curricular activities involving interscholastic competition unless the student has returned the properly signed "Student Drug Testing Consent Form."

Prior to the commencement of drug testing each year an orientation session will be held with each Activity Student to educate them of the sample collection process, privacy arrangements, drug testing procedures and other areas which may help to reassure the activity student and help avoid embarrassment or uncomfortable feelings about the drug testing process.

Each Activity Student shall receive a copy of the Activity Student Drug Testing Policy. The head coach or sponsor shall be responsible for explaining the Policy to all prospective students, and for preparing an educational presentation to acquaint the student with the harmful consequences of drug and alcohol use and abuse.

All Activity Students will be required to provide a urine sample before the student may participate in an extra-curricular activity covered under this policy. A student who moves into the district after the school year begins will have to undergo a drug test before they will be eligible for participation.

Drug use testing for Activity Students will also be chosen on a random selection basis monthly from a list of all Activity Students who are involved in off-season or in-season activities. The Frederick Public School District will determine a monthly number of student names to be drawn at random to provide a urine sample for drug use testing for illegal drugs or performance enhancing drugs.

In addition to the drug tests required above, any Activity Student may be required at any time to submit to a test for illegal or performance enhancing drugs, or the metabolites thereof when an administrator, coach or sponsor has reasonable suspicion of illegal or performance enhancing drug use by that particular student.

Any drug use test will be administered by or at the direction of a professional laboratory chosen by the Frederick Public School District. The professional laboratory shall be required to use scientifically validated toxicological testing mentors, have detailed written specifications to assure chain of custody of the specimens, and proper laboratory control and scientific testing.

All aspects of the drug use-testing program, including the taking of specimens, will be conducted so as to safeguard the personal and privacy rights of the student to the maximum degree possible. The test specimen shall be obtained in a manner designed to minimize intrusiveness of the procedure. In particular, the specimen must be collected in a restroom or other private facility behind a closed stall in accordance with procedures established by contracted drug testing company. The monitor shall verify the normal warmth and appearance of the specimen. If at any time during the testing procedure the monitor has reason to believe or suspect that a student is tampering with the specimen, the monitor may stop the procedure and inform the principal/athletic director who will then determine if a new sample should be obtained. The monitor shall give each student a form on which the student may list any

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medications legally prescribed for the student he/she has taken in the preceding thirty (30) days. The parent or legal guardian shall be able to confirm the medication list submitted by their child during the twenty-four (24) hours following any drug test. The medication list shall be submitted to the lab in a sealed and confidential envelope and shall not be viewed by district employees.

An initial positive test result will be subject to confirmation by a second and different test of the same specimen. The second test will use the gas chromatography/mass spectrometry technique. A specimen shall not be reported positive unless the second test utilizing the gas chromatography/mass spectrometry procedure is positive for the presence of an illegal drug or the metabolites thereof. The unused portion of a specimen that tested positive shall be preserved by the laboratory for a period of six (6) months or the end of the school year, whichever is shorter. Student records will be retained until the end of the school year.

**III. Confidentiality**

The laboratory will notify the principal/athletic director or designee of any positive test. To keep the positive test results confidential, the principle/athletic director or designee will only notify the student, the head coach/sponsor, and the parent or custodial guardian of the student of the results. The principal/athletic director or designee will schedule a conference with the student and parent or guardian and explain the student's opportunity to submit additional information to the principle/athletic director or the lab. The Frederick Public School District will rely on the opinion of the laboratory, which performed the test in determining whether the positive test result was produced by something other than consumption of an illegal, or performance-enhancing drug.

Test results will be kept in files separate from the student's other educational records, shall be disclosed only to those school personnel who have a need to know, and will not be turned over to any law enforcement authorities.

**IV. Appeal**

An Activity Student who has been determined by the principal/athletic director to be in violation of this policy shall have the right to appeal the decision to the Superintendent or his/her designee(s). Such request for a review must be submitted to the Superintendent in writing within five (5) calendar days of notice of the positive test. A student requesting a review will remain eligible to participate in any extra-curricular activities until the review is completed. The Superintendent or his/her designee(s) shall then determine whether the original finding was justified. No further review of the Superintendent's decision will be provided and his/her decision shall be conclusive in all respects. Any necessary interpretation or application of the policy shall be in the sole and exclusive judgment and discretion of the Superintendent, which shall be final and non-appealable.

**V. Statement of Purpose and Intent**

Participation in school sponsored extra-curricular activities at the Frederick Public School District is a privilege. Activity Students carry a responsibility to themselves, their fellow students, their parents, and their school to set the highest possible examples of conduct, which includes avoiding the use or possession of illegal drugs. Drug use of any kind is incompatible with participation in extra-curricular activities on behalf of the Frederick Public School District.

**VI. Consequences**

Any Activity Student who tests positive in a drug test under this policy shall be subject to the following restrictions:

Below are the contest/game/event consequences for failing a drug test while participating in extra-curricular activities at Frederick Public Schools. Consequence 1 represents roughly 10% and consequence 2 represents roughly 20% of the contests/activities for each group.

The following activities will have a suspension of one (1) game for the first failed drug test and two (2) games suspension for a second failed drug test:

Cross Country  
Football  
Golf  
Powerlifting  
Tennis  
Track  
Other activities not listed

Due to the number of games and/or events, the following activities will have a suspension of two (2) games for the first failed drug test and four (4) games for the second failed drug test:

Baseball  
Basketball  
Cheerleading  
Softball  
Band  
Choir  
FFA

Consequences will be continual throughout the school year. They will not reset for each sport.

Example:

If a student tests positive in a 1 event activity, the student will serve a one game suspension.

As the school year progresses, the student is in a 2 event activity and tests positive again. This would be the second offense for the student. The 2 event activity has a 4 game suspension for a second failed drug test, so the student will miss 4 games/events.

If the student then plays baseball and tests positive a third time, the student will be removed from all extracurricular activities for the remainder of the school year.

**Freshman Dual Levels**

Freshmen students (9<sup>th</sup> graders) may play at the junior high and varsity level for a sport/activity in the same season. If a Freshman student tests positive, they will sit out a game for both levels of the sport/activity. For example, a Freshman basketball player tests positive. There is a JH game on Monday and a Varsity game on Tuesday. The athlete will sit out both games, JH on Monday and Varsity on Tuesday.

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**A. For the First Offense**

The parent/guardian will be contacted immediately and a private conference will be scheduled to present the test results to the parent/guardian. A meeting will then be set up with the student, parent/guardian, athletic director and principal concerning the positive drug test. In order to continue participation in the activity the student and parent/guardian must, within five (5) calendar days of the joint meeting, show proof that the student has received drug counseling from a qualified school approved drug treatment program or counseling entity at the student's expense. Additionally, the student must voluntarily submit to a second drug test to be administered within two (2) weeks in accordance with the testing provisions of this policy. The student must also sit out the appropriate number of contests listed in section VI.

If parent/guardian and student agree to these provisions, the student will continue to participate in the activity. Should the parent/student not agree to these provisions the consequences listed in this policy for the second offense will be imposed. The student will be randomly tested monthly for the remainder of the school year. Students who have served their suspensions will be allowed to participate as long as test result numbers continue decreasing.

**B. For the Second Offense:**

Suspension from participation in all activities under this policy until the successful completion of four (4) hours of substance abuse education/counseling approved by the school at student's expense and the contest/game consequences listed in section VI. The student may not participate in any meetings, practices, scrimmages or competitions during this period. The student will be randomly tested monthly for the remainder of the school year. The time and date will be unknown to the student and determined by the principal/athletic director or designee. Students who have served their suspensions will be allowed to participate as long as test result numbers continue decreasing.

These restrictions and requirements shall begin immediately, consecutive in nature, unless a review appeal is filed following receipt of a positive test. Provided, however, a student who on his or her own volition informs (self-refers) the athletic director, principal, or coach/sponsor of usage before being notified to submit to drug use test will be allowed to remain active in all activities covered under this policy. Such student will however, be considered to have committed his/her first offense under the policy, and will be required to re-test as would a student who has tested positive.

**C. For the Third Offense (in the same school year)**

Complete suspension from participation in all extra-curricular activities including all meeting, practices, performances, and competition for the remainder of the school year, or eighty-eighty school days (1 semester) whichever is the longer.

**VII. Refusal to Submit to Drug Use Test**

A participating student, who refuses to submit to a drug test authorized under this policy, shall not be eligible to participate in any activities covered under this policy including all meetings, practices, performance and competitions for the remainder of the school year. Additionally, such student shall not be considered for any interscholastic activity honors or awards given by the school. Coaches/Sponsors may not allow athletes to receive honors related to their specific sport once they have a positive drug test (All-State, All-Region, All-District, All-Conference, etc.).

*Frederick Public Schools is committed to cooperating with parents/guardians in an effort to help students avoid illegal drug use. The Frederick Public School District believes accountability is a powerful tool to help some students avoid using drugs and that early detection and intervention can save lives.*